

Spelling list: 'ai' as in rain

rain	The heavy rain caused some flooding.
faint	His voice was very faint .
waist	My skirt is tight around my waist .
strain	Suspense and mental or emotional strain .
claimed	He claimed the test result was an aberration.
afraid	My son is afraid of the dark.
retain	
refrain	A repeated word or series of words in response to the main verse, as in a ballad.
obtain	You can obtain her books from her website.
details	I sometimes worry about small details .
contain	A good diet should contain many different foods.
maintain	A car will last longer if you maintain it well.
complain	I'm going to complain about the awful smell.
restraint	
complainant	